

A background photograph showing two women sitting at a table, looking at a document. The image is slightly blurred and has a white semi-transparent box overlaid on it containing text.

PRACTITIONER SESSION PLANNER

FOR DIRECT WORK, INTERVENTION &
ASSESSMENT SESSIONS.

Developing Social Workers & Supporting Good
Practice.

'Practitioner Session Planner' Purpose

This Practitioner Session Planner Handout has been created to help develop good practice and support social workers when planning, conducting and delivering intervention sessions with service users. It can be used for direct work, intervention and assessment sessions across both Adults and Children Services, offering a consistent and transparent approach.

Session Introduction: Explanation of the session

In any direct work, intervention or assessment session, practitioners must first create an atmosphere of honesty and transparency. 'Setting out your stall' will help offer you direction and promote engagement as a 'shared journey'.

Areas to cover:

- ▶ 'Check in' with Service User.
- ▶ Discuss purpose and aim of session.
- ▶ Highlight intervention linked to assessment.
- ▶ Identify what you want to achieve from the session (for Professional and Service User).

Session Delivery

It is imperative that any session practitioners conduct should have a clear purpose and link to reasons for service engagement. Preparation for each session is key if we are to truly promote effective engagement and consistency in our delivery of session work.

Areas to cover:

- ▶ Use evidence-based interventions.
- ▶ Link theory to work undertaken - justify work completed linked to assessment.
- ▶ Tailor intervention to needs of Service User (age, learning needs/diversity, gender, religion etc).
- ▶ Make sure sessions are conducted in comfortable and appropriate environment.

Session Conclusion

Once the 'main body' of the session has been completed, it is good practice to review what has been completed and to 'check in' with the service user. We need to feel confident in the information we have gathered/completed, and we are required to review any heightened circumstances.

Areas to cover:

- ▶ Check in with Service User.
- ▶ Discuss what was achieved.
- ▶ Paraphrase the work undertaken.
- ▶ Identify any heightened risks or vulnerabilities for Service User as a result of the session.
- ▶ Highlight 'actions' that need to be completed in short & long term to promote change.
- ▶ Evidence work completed - Case Note contact.
- ▶ Arrange the next planned session.

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